

Betsy Czinger
Healing Way Method Practitioner

I do this work as an ordained minister, with multiple years of training by the founders of the Healing Way Method, William (Bill) Phipps, and Karen Kuenning. They are practitioners and teachers of this ever evolving system that most resembles The Mystery School.

Being a searcher and experiencing a fair share of trauma from childhood, lead me on my journey to find answers and finally healing. This healing journey took me through personal change, growth, and transformation. I started my journey in 1974 with the EST training. During that same period, I started oil painting and taught it for a few years. I then went on to experience and practice many modes of bodywork, including shiatsu, aura work and rebirthing. Later I was a leader in Landmark Education and a personal coach for four years and prior to attending the training for the Healing Way Method, I studied NLP. I have also been a licensed Realtor and developer.

I am trained in many things, NLP, Eye Movement Desensitization, and Reprocessing, Spirit Release Therapy, Tapas Acupressure Technique, Soul Retrieval, Reconnection, Seemorg Matrix Work and working with Angels. I have been a certified practitioner since 2004 and have completed four separate trainings including advance training.

The Healing Way Method, Premises

(1) We are essentially an energetic field (spirit) of different levels of consciousness connected to a physical body.

(2) We can experience events in our life that imprint in our physical bodies and energetic field, challenges that inhibit living our lives fully.

(3) Everyone has purpose for his or her life.

(4) We can move into alignment allowing us to relate in a new ways to the experiences of life.

(5) The best and most lasting source of change for a person is through our own self-discovery and empowerment.

(6) We experience life with oppositional forces that provide what we need t grow and evolve to our fullest potential.

(7) Muscle testing provides an avenue to access our deepest wisdom.

The *Healing Way Method* is a powerful spiritual (energetic) system designed to assist individuals in moving toward the alignment mentioned above. It is energy-based, as well as intention based, meaning it uses your personal intention for change, what you want to have different in your life, as a springboard for everything else that follows. This intention is verbally stated and written.

In its process, this method also incorporates the ancient knowledge of energy and spirit based in Ancient Mystical Christian, Eastern Healing and Indigenous People's practices. This approach also recognizes the existence of, and that we can be influenced by, energies/beings/entities found in non-material dimensions, as some might say; the spirit world, astral realm or dimensions. Where needed, a gentle form of exorcism is used to clear these energies. Higher forms of Energies/Angelic Beings are called upon to help.

Through muscle testing we ask and receive "yes" and "no" answers to questions structured within a specific order. Based on answers received from you, we can determine how to transform the situation and reach your intended goals for personal change and development. All the answers come from you, creating your own unique spiritual healing path.

The Healing Way Procedures

(1) Create Sacred Healing Space This has been practiced by Indigenous and Spiritual Healers for millennia and is done, in this instance, as mode of prayer combined with muscle testing.

(2) Find the highest priority intention for change. The “intention” is what you want to achieve or have different, your goal. This comes from you and we muscle test for correctness.

(3) Using the protocol to map the process through muscle testing.

a. Healing keys

c. Soul fragment Retrieval

b. Non-material realm clearing

d. Stories

(5) Determine and apply specific interventions. These are used to change the energy field. There are many kinds of interventions. It could involve clearing “chakras,” or energy centers. Other interventions involve eye movements. Sometimes the intervention may be the use of sound with chimes or metal bowls, or an intervention as simple as drawing. Clearing (exorcising) some form of non-material entity is done through a mode of prayer. We rely on muscle testing to determine what is best for you.

(6) Learn the lessons imbedded in the session. This usually comes from you and is what you now realize, or have learned as a result of what you have just finished, a wisdom process.

Muscle Testing

For our purposes, it takes two people (except self-testing and proxy testing) to do a muscle test. First, the person being tested (test subject) holds out an arm. The tester places his hand on the test subject’s arm at or just above the wrist. The subject is instructed to fully resist the effort of the tester to push the arm down. A statement requiring a “yes” or “no” response is then made, the tester pushes down on the arm and positive response, or “yes” remains strong as a no is weak. Every effort is made to keep the pushes consistently the same strength. There many factors that can affect muscle testing, *this makes muscle testing subject to error* and it needs certain conditions to be accurate and dependable. Good muscle testing takes education and practice for the facilitator using it, including knowledge of its limitations. I go into much more detailed explanation and demonstration of muscle testing during our first meeting.

About Stories

Stories can be experienced in drastically different ways. They may simply be in conscious memory, recent or from long ago. If the story processes through unconscious memory, it can feel like it’s from the imagination. For some people the story is very visual. They experience it like watching or being in a movie. For others it may be like snap shots or glimpses of things. Others may not experience it visually at all. Other senses may dominate. Some individuals may have strong, kinesthetic body feelings, memories with no story other than the feelings in the body. Another person may have smells with the story, while another may have tastes or hear sounds. For some, there may be strong intuitive knowing. It is most common for people to have some combination of the above in experiencing their story. Hypnosis is not used to access a story.

Stories come in many different formats. It may be in narrative form, a description of an event like telling a story or reading a book. The story may be literal and found in present conscious memory. It may be literal and not found in conscious memory. Stories may present in symbols, in metaphoric or archetypal forms and historic scenarios. Stories can be strongly held thoughts, ideas and/or feelings that don’t need to be in a narrative format. The story may come from physical reality (within three dimensional experience, material realm), or seem to come from a non-physical reality.

None of these stories is really about the then and there found in the story. It’s *always about the here and now*. We don’t go back into history to muck around in

the past without a valid, present day purpose and intention. Any story is a vehicle to get us to a particular place in the energy field, to do an intervention, to heal.

Something to always remember is this: *I never can say a story is true or false*, no matter how much I may believe it or how much sense it makes. I wasn't there. I don't know the nature of the story, if it's literal or just a symbolic story. It is for you to decide if stories are true or not.

The clouds of time and interpretation can filter and distort memory. Memory is delicate, tends to deteriorate with time and the brain can confabulate in order to fill in gaps. ***If we need to develop stories, it is for spiritual growth purposes, not for historic accuracy or archeological exactness.***

If you feel that you need to know if a story is true, for your own reasons, I encourage you to look at the story in the context of what you already know outside of seeing me. Does the story fit what you already know or have been told by others who do know? Does the story answer unanswered questions; fill in gaps like part of a puzzle where most of the puzzle is already known? Does it explain your reactions to people that made no sense at the time?

The language I use as we access stories is important. Because there is a potential for you to move into an altered state while focusing on a story (this means more subject to suggestion), I want to have as little influence on your story as possible. I minimize that influence by what and how I ask questions and give directions:

(1) I have no expectations on what the story ought to be.

(2) Second, the only reason I even expect a story is because *your* muscle testing indicated it was needed to clear the block, and that came from you, not me.

(3) When it's time to get the story, I insure you use only the methods indicated by muscle testing to access the story.

(4) If one of those methods is muscle testing, we limit it to the minimum needed.

(5) When you are accessing your story, I use language that does not provide information to influence the story. I don't suggest what might happen. I use statements such as, "What, if anything, are you experiencing?" "Is there anything else?" "Is there anything more?" "What happens next?" "Is there anything happening now?" These kinds of questions are relatively neutral and contain no expectations of what you are to experience. The questions can be preceded by "per chance," making them even more neutral.

(6) If I say anything about what you are saying, it is only a quote of what you said to let you know I am with you. I won't even paraphrase.

(7) Muscle testing is used to determine when enough of a story has been accessed for intervention purposes, no more than is needed.

Cost

I charge by the session, not by the hour. Fee Schedule is: \$85 for up to one hour and thirty minutes per session, over an hour and thirty minutes, \$105. Phone work is the same. Fee is due at the time of service unless prearranged. I accept Master Card and Visa, as well as checks or cash. **Appointment times are very limited. This means it is critical that you keep you're your appointments. Unless I am able to fill a missed appointment with someone else, "no shows" and appointments not cancelled at least a day in advance will be charged. Serious emergencies or extreme weather are exceptions. Please, honor and keep your appointments like you would a sacred contract.**

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Please sign and return to Betsy Czinger

Signature

The Healing Way Method is about working at the spiritual/energetic level of who we are to help achieve our life purpose or destiny, to personally evolve. I do this work as an Ordained Minister, not as a registered or licensed mental health counselor. Therefore, there is neither a need for, nor do I claim to diagnose, counsel, treat or cure any mental health or physical disorder, symptom of disease or illness. For any of those needs, please seek the help of a licensed medical practitioner, medical specialist, psychiatrist, psychologist, mental health professional or counselor.

By signing below you are saying you have read and understand the information disclosed on the pages above. Also, that if you had any questions, they have been discussed with me and clarified. **Bring this to our first meeting for signing. If you are a phone patron, sign, date and mail this page to me at the address below.**

Patron Signature: _____ Date: _____

Parent signature for a dependent: _____ Date: _____

Information Form

Date: _____ Name: _____ Date of Birth: _____

Phone: (home) _____ (work) _____ (Cell) _____

Mailing Address: _____

Email: _____

What would you like from our time together? What might your intention for change be, in other words, what do you want to be different?